



## The ARRC LED Client Consent Form

I \_\_\_\_\_ (client) intend to use the ARRC LED light bed for Photobiomodulation therapy (BPMt) as an alternative treatment modality, which uses LED light as a stimulatory effect and reduction of oxidative stress at the cellular level that cascades benefits to tissues, organs, and systems of the body.

I understand that the following conditions may present contraindications and preclude me from receiving LED Light Therapy Treatments. I confirm that I DO NOT have any of the following conditions:

**Skin Cancer (melanoma)**

**Pregnancy (do not use light bed if pregnant or plan to be pregnant in the next 8 weeks)**

**Heart Trouble (pacemaker – consult with doctor)**

**Brain Injury (hemorrhage consult with doctor)**

**Epilepsy and seizure prone (stay out of room and away while machine is on)**

If you are taking any medications please list below. Check each condition listed below that you may have.

Consult your BPMt consultant and doctor as necessary.

Medication(s): \_\_\_\_\_

\_\_\_\_ Diabetes (monitor blood sugar levels before and after treatments and regulate medication accordingly. We have seen blood sugar drop significantly after treatment)

\_\_\_\_ Migraines (consult with doctor – some studies suggest LED will help with Migraines)

\_\_\_\_ Asthma (consult with doctor – some studies suggest LED will help with Asthma)

\_\_\_\_ Acute or Cutaneous Porphyria

\_\_\_\_ Lupus Erythematosus (consult with doctor – some studies suggest LED may benefit Lupus)

\_\_\_\_ Thyroid Problems (cover thyroid if on medication)

\_\_\_\_ Photophobia

\_\_\_\_ Exogenous Eczema

\_\_\_\_ Hypomelanism

\_\_\_\_ Eye Disease (consult with doctor about retinal abnormalities – some conditions are helped by Light Therapy)

\_\_\_\_ Cirrhosis of the liver (consult with doctor)

\_\_\_\_ Taking blood thinners (consult with doctor – light bed stimulates Nitric Oxide (NO) production which increases blood flow and reduces blood pressure)

**No one under 18 years of age should use this machine. You must wear proper eye protection while using the device.**

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Client Name

Signature

Date